



## **VOLCAN TENORIO**



### Volunteer Program

#### Description

Tenorio is an active volcano but its activity is reduced to: fumaroles, mud pots and hot springs; no piroclastic activity. This National Park has different life zones (tropical rainforest, tropical to pre-montane transitional forest and mountainous rainforest) due to the climatic influence of the Caribbean and the Pacific. So in this place you can feel the earth's warmth.

It is possible to find a large diversity of mammals (tapirs, pumas, ocelots, squirrels, howler monkeys among others), birds (trogon, bell bird, and many others) and a very large diversity of flora (among them the jicara danto, an endemic species that has the flowers and fruits attached to the tree trunk).

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Other attractions of this national park are: The Tenorio mysteries trail (3.2Km and approximately 3 hour duration), incredible panoramic views and The Rio Celeste waterfalls, that due to the large amount of minerals have a beautiful blue colour, it is incredible, come and have a look.



## Location

It is between the counties of upala, Guatuso (Alajuela province) and Cañas, Bagaces y Tilarán (Guanacaste province), in the Arenal Conservation Area.

## How to get there



Public transportation in Costa Rica is quite inexpensive and you can get almost everywhere by bus. When you are sure where you are going we will give you the bus schedule and the final tips to get to your host

park

## General Tasks

The most important requirements for this volunteer program are:

Hard working skills, ecologically sensitive, willing to learn about new cultures and the most important one: enthusiasm.

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In most of the projects there will be a volunteer coordinator in charge to assign the jobs but you are welcome to help anytime you consider is needed. We appreciate creativity.

- ◆ Maintenance and reconstruction of the Mysteries of Tenorio trail
- ◆ General infrastructure maintenance
- ◆ Environmental education to local communities
- ◆ Making Information signs
- ◆ Communal work: help with social activities, infrastructure and others.



## Accommodation

There is room enough for 25 people (volunteers and staff members). Electricity, potable water, toilets, TV room and dining room are available.

## Food

It will be provided at the National park. The food is Costa Rican typical food so you will be eating a lot of rice and beans and they are mainly served with some type of

meat and sometimes you can enjoy tropical fruits. If you are vegetarian or have any special dietary restrictions let us know. In most of the cases there is a cook in

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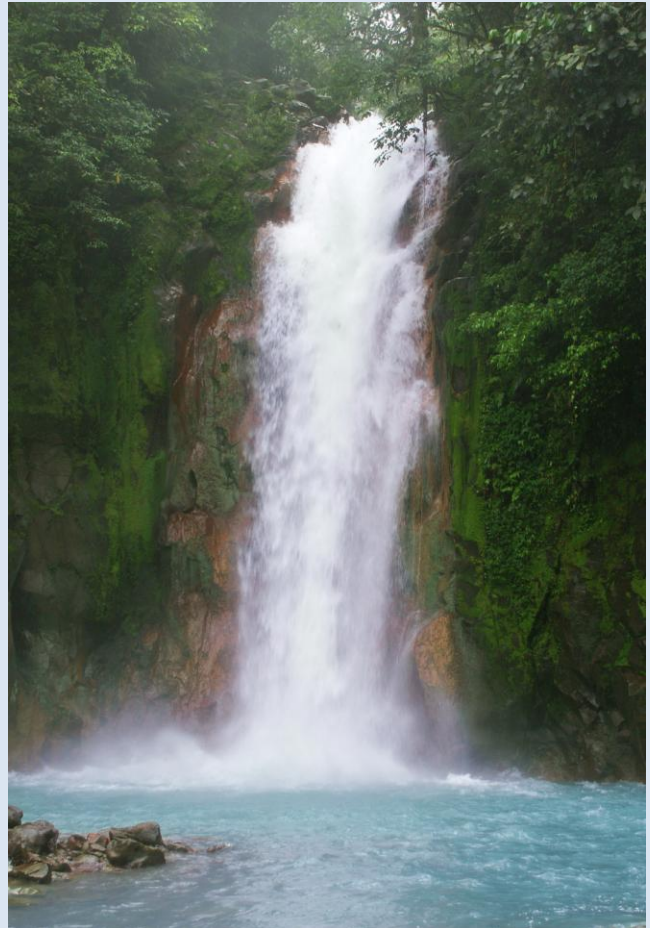
charge of the meal preparation but if not you may have the chance to learn how to prepare Costa Rican food.

## Free time

You can choose your free day; you can leave early morning and be back before dusk.

## What to bring

- \* High quality Rain gear (it can really rain in the tropics).
- \* Good quality shoes for walking (in turtle projects walks can be very long) and sandals
- \* Flashlight and batteries (headlamps are a very good idea as well as rechargeable batteries).
- \* Alarm clock (battery powered) and a wristwatch.
- \* Swimsuit
- \* First-aid kit (if you have special medication let us know, anti itch cream is a good idea tropical ,mosquitoes can be vicious )



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- \* Insect repellent.
- \* Towel (fast drying ones are ideal).
- \* Waterproof Sunscreen (bring a lot, sun rays are very strong).
- \* Sunglasses.
- \* Camera and film (water proof can be a good idea for baby turtles in the water)
- \* Journal (it will be an unforgettable experience)
- \* Light clothing (it dries fast)
- \* Bring a jacket it can get a little chilly
- \* Rubber boots (is not compulsory)
- \* Mosquito net and bed linen (sleeping bag is an option as well)
- \* Personal hygiene items
- \* Snacks (you will be provided with 3 meals per day)
- \* Entertainment things like: books, music, guitar, paints, cards, jenga are nice to socialize
- \* Pocket Spanish dictionary (may be useful)



## Recommendations

Please keep your belongings in order, maintain your personal hygiene (due to tropical weather conditions it is highly recommended to shower everyday), do not seat at the table without a shirt and keep good manners. Every national park has specific behavior rules so please follow them.

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It is prohibited to drink alcohol and to use illegal drugs.

## FAQ's

**Are male volunteers preferred over female volunteers?** No.

**What level of Spanish is needed?** Basic.

**Is there a minimum age requirement?** Yes, 18 years old.

**Is experience necessary?**

No prior experience is necessary, however you must have the ability to adapt to a tropical environment, be in excellent health, and willing to help in the conservation area.

**Association of Volunteers for Service in Protected Areas**

Contact Us  
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